

Mental Health and Well Being

Wolverhampton Mental Health & Complex Needs Service

Mental Health Services
Wolverhampton
01902 425087

The Mental Health Social Work Intake Team

Mental Health Services
Wolverhampton
Open now · 01902 553319

Samaritans of Wolverhampton

Charity
Wolverhampton
11:30AM · 0330 094 5717

Wolverhampton Healthy Minds

Wolverhampton Healthy Minds is a psychological therapies service for people who are experiencing common mental health problems such as depression, anxiety and stress
<https://www.wolverhamptonhealthyminds.nhs.uk/about-us/about-our-service>

Steps To Health

Clinic
Wolverhampton
Open Closes 5PM · 01902 443640

Include Me TOO

Charity
Wolverhampton
Open Closes 5PM · 01902 399888

Support Line

Support Line provides a confidential telephone helpline offering emotional support to any individual on any issue. The Helpline is primarily a preventative service and aims to support people before they reach the point of crisis. It is particularly aimed at those who are socially isolated, vulnerable, at risk groups and victims of any form of abuse. SupportLine is a member of the Helplines Association. SupportLine also provides support by email and post.

Helpline: [01708 765200](tel:01708765200)

Email: info@supportline.org.uk

SANeline is a national out-of-

You can usually the type of tenancy you have by looking at your tenancy agreement.

For more information see:

<https://www.citizensadvice.org.uk/housing/renting-a-home/tenancy-agreements/>

Council's general's genera